



WAIVER OF LIABILITY

I wish to voluntarily participate in the Group Boxing Classes – to be held at the Charles Sturt University Gym Bathurst.

REPRESENTATIONS

I agree that:

- I am in adequate physical condition to safely participate in Group Boxing Classes
- I will follow all rules and instructions by instructors at all Group Boxing Classes
- I must utilise appropriate equipment provided for Group Boxing Classes and must know and follow all rules concerning that equipment.

ASSUMPTION OF RISK

I understand that:

- Accidents and injuries commonly happen in the course of sporting and recreational events, physical exertion and travel, often without fault on the part of the participants or instructors. Such accidents may cause damage to or loss of personal property, physical injury or even death.
- Participation in Group Boxing Classes involves certain inherent risks and that regardless of the precautions taken by Charles Sturt University or other participants, some injuries may occur from hazards such as uneven or irregular surfaces, injuries from contact with equipment or from equipment failures, injuries from physical contact with other participants or injuries incurred while performing the physical activities inherent in participation in [boxing classes]. Such injuries include but are not limited to:
 - sprains, strained muscles;
 - broken bones, dislocated joints;
 - permanent disability;
 - quadriplegia; and/or
 - death
- Charles Sturt University instructors will take reasonable precautions in an effort to minimise the risk of accidents and injuries, but that such precautions cannot remove the risks inherent in Group Boxing Classes
- By electing to participate in Group Boxing Classes, I accept the risk of accidents and injuries that might arise out of my participation. I voluntarily assume any and all risk and liability arising out of my participation in Group Boxing Classes.





EXCLUSION OF LIABILITY AND INDEMNITY

Charles Sturt University excludes all liability for any damage, loss or injury incurred in relation to my participation in Group Boxing Classes

I agree to indemnify Charles Sturt University and keep Charles Sturt University indemnified to the extent permitted by law in respect of any damage, loss or injury suffered or incurred by Charles Sturt University as a result of my participation in Group Boxing Classes

INSURANCE COVERAGE

I am aware that Charles Sturt University strongly recommends that all participants in Group Boxing Classes seek professional advice to ensure that they have adequate cover (including personal accident/injury) in place prior to taking part in Group Boxing Classes

ACKNOWLEDGMENT OF UNDERSTANDING

I confirm that I:

- have read this waiver of liability, assumption of risk and indemnity agreement;
- fully understand its terms;
- understand that I am giving up substantial rights, including my right to bring about legal action or assert a claim against Charles Sturt University; and
- am signing this agreement freely and voluntarily.

Name:

Date:

Signature:

X

